



Victus Vibes

Monday October 27th, 2025

Peak Performers (Athlete of the Week)



Lucy Mahon
Grade 9

What's your favorite desert -Angel Food Cake

What's your favorite movie -Mighty Ducks

What's your favorite PWHL Team-Toronto

Lucy is a pleasure to have at Victus and shines in all she does. She is a dedicated, hardworking student who brings kindness and positivity to the classroom.

On the ice, Lucy stands out for her effort, attitude, and performance. She's an eager learner who supports her teammates and adapts quickly in any situation, showing strong athleticism and smart playmaking. In Strength and Conditioning, Lucy is always prepared, focused, and committed. Her work ethic, attention to detail, and consistency make her a true Peak Performer and an excellent role model for others.

THIS or THAT

Fruits of Vegetables -Fruit

Soda or Juice -Juice

Pizza or Pasta-Pizza

This week's Peak Performer Award goes to Kyle, a dedicated and talented senior whose leadership and work ethic set the standard for others. He consistently strives to improve his skills while supporting his classmates on and off the ice, fostering a positive and hardworking environment. His progress has been evident since the start of the year, leading his class in multiple assessments and setting a strong example of discipline and determination. Kyle's consistency and focus stand out. He shows up prepared, gives his full effort every session, and motivates those around him to do the same. Even when faced with injury, Kyle adapted his training; continued to push forward, demonstrating perseverance and the mindset of an elite athlete.

Congratulations, Kyle, on your outstanding performance, leadership, and continued growth!



Kyle Arthur
Grade 13

Favorite season -Winter

Favorite hobby -Golf

**Favorite outdoor activity -
Wake Boarding**

UPCOMING EVENTS



Mon. Oct. 27th

Power Skating with
Rebecca Babb

Tues. Oct. 28th

Lunch Time Halloween Trivia
(Prizes to be won)

Wed. Oct. 29th

Girls Group @ Lunch
(bring your lunch)



Fri. Oct. 31st

HALLOWEEN



Picture orders due

Falcons: Kingston Showcase

Halloween Events Below

Click for more
upcoming events



FOLLOW US

THIS or THAT

Camping or Luxury Hotel-
Luxury Hotel

Tik Tok or Instagram -
Instagram

Pancakes or Waffles -
Pancakes



Falcon's News

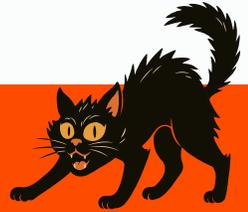
Kingston USPHL Showcase

2 games Saturday

2 games Sunday

streaming available

HAPPY HALLOWEEN!



Tuesday

Halloween Trivia
Lunch time
*Prizes to be won

Wednesday

Door Decorating
*Feel free to bring items
from home
Spirit Wear: Halloween
Sweaters

Thursday

Pumpkin Carving
Spirit wear: Black
and Orange/Red

Friday

Wear Costumes!
*Extra ice time to
be awarded



Highlights



Message From Principal Schnarr

This past week, our Grade 7/8 class enjoyed a special celebratory lunch for being the top fundraising class in support of the Terry Fox Foundation. As a school, we raised an incredible \$1,725—thank you to everyone who contributed so generously!

Our Grades 5–8 and Grades 9–10 students also took part in exciting field trips to the RARE ECO Centre and Shades Mills, where they had the opportunity to extend their learning beyond the classroom and engage with our local environment.

Friday, October 31, we are pleased to welcome Tina Ward, who will be speaking with all of our student athletes about the importance of nutrition and how it supports daily performance and well-being.

We encourage all staff and students to join in the fun and come dressed in costumes on Friday.

Our Varsity Boys' and Girls' Hockey Teams continue to show great progress and dedication. Although this week's game was rescheduled, we're looking forward to exciting matchups in Kingston next weekend. Go Falcons!

Warmly,
Principal Schnarr