



Victus Vibes

Friday November 14th, 2025

Peak Performers (Athlete of the Week)



Zach Buchan
Grade 6

**Favorite NHL Goalie-
Carey Price**

Favorite Season - Winter
**Favorite Restaurant -
Golf Steak House**

Zach Buchan is a well-behaved, eager student who always puts forth his best effort and isn't afraid to ask for help. He seeks feedback when he makes mistakes and consistently strives to improve. In Strength and Conditioning, Zach continues to excel as a dedicated student-athlete—arriving early, working hard, and supporting his peers with a positive attitude. He is truly deserving of the Peak Performer title, and we look forward to his continued growth. Zach's commitment and enthusiasm make him a positive influence in every setting.

THIS or THAT

Chocolate or Vanilla -Chocolate
Green or Red Apples -Red
Train or Airplane- Airplane

Falon is a model academic student. Her effort and attention to detail are second to none and she truly sets the bar for others to follow. Whether it be putting her head down and working diligently, or taking time to help a classmate who needs it, Falon is always making the grade seven/eight classroom a better place. Falon's character always shines through and she makes an effort to ensure everyone in the class is included. Falon has been a strong student athlete in the Strength class all season. Her positive attitude and overall hard work in each strength session sets a great example of what it means to be a Peak Performer. Her attention to detail and dedication to improving everyday is inspiring to all that workout with her. Simply put, Falon is a force in the classroom and the gym, and she's only getting started.



Falon Gawel
Grade 8

Favorite Player -Jessica Eldridge
Favorite Subject -English
Favorite Colour- Green

THIS or THAT
Pizza or Burgers- Burgers
Running or Cycling- Running
Sunglasses or Hat-
Sunglasses

UPCOMING EVENTS

Tues. Nov. 18th

Student Council Meeting @
Lunch (bring your lunch)

Wed. Nov. 19th

Girls Group @ Lunch
(bring your lunch)



Falcon's Home game @ 1:00pm

Thurs. Nov. 20th

Gr. 5-8 Field Trip to Homer
Watson Gallery 12:30-2:00



Fri. Nov. 21st

VIRTUAL LEARNING DAY

Click for more
upcoming events



FOLLOW US



Falcon's News



VS. Epic Hockey
Wednesday Nov. 19:
1:00pm

Practice
Wed. Nov. 19 @
8:30am

Team Building
Tues. Nov. 18
9:00am

Practice
Thurs. Nov. 20

University of Guelph Tour
Skate, Tour, Lunch
November 25
More details to come!

Remembrance Day



Ice Highlights



Message From Principal Schnarr

Happy FRIYAY Victus Families

We've officially conquered the first blast of winter! We're now at the halfway point of Term 1/Semester 1. Student-teacher-parent conferences will run November 17-21, with classroom teachers reaching out to discuss student successes and next steps. Midterm Reports will be sent home Monday, November 24.

On November 11, I was proud to join Mr. Moore and some of our Grade 10 History students at the Preston Legion Remembrance Day Parade and Wreath Laying. Mr. Moore's powerful school-wide presentation challenged students to "remember" and to be everyday peacemakers. Thank you for your generous Poppy Fund donations.

Today, November 14, Jackson Slauenwhite spoke to all students about the impact of strong body language—on and off the ice. Please note: Friday, November 21 is a Virtual Learning Day due to arena activities.

Congratulations to our Peak Performer Student-Athletes!

Warmly,
Principal Schnarr