



Victus Vibes

October 11, 2024

MENTAL PERFORMANCE COACH ON-ICE BREAKOUT SESSIONS

When our mental performance coach Jackson visits with students, it is an inspiring and transformative experience. Jackson focuses on equipping students with the tools and strategies needed to enhance their mental resilience, focus, and overall well-being.



RARE ECO CENTRE FIELD TRIP

Students explored the Grand River Watershed. They spent time learning about the different invasive species and how they have impacted the ecosystem. Students then spent time collecting water samples from the Grand River and testing them for various components such as salinity and dissolved oxygen.



UPCOMING EVENTS

Monday, Oct. 14:

Happy Thanksgiving!

Wednesday, Oct. 16:

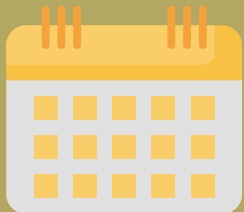
Camp Celtic Presentation to Grade 7 & 8 classes

Swiss Chalet Lunch!

Friday, Oct. 18:

P.D. Day

Falcons NAPHL Showcase in Brampton



[HTTPS://VICTUSACADEMY.COM/](https://victusacademy.com/)

SWISS CHALET LUNCH ORDER FORM

We are excited to announce that we will be hosting our first Swiss Chalet lunch of the year for the students on Wednesday, October 16.

If you would like to order a meal for your child, please complete the form below and ensure **payment is made in cash.**

This is a great opportunity for students to enjoy a delicious meal with their classmates.

Please complete the form linked below, and bring payment to the office to ensure your child's order is placed.

[Swiss Chalet Order Form](#)

FALCONS NEWS



Our Falcons played their first game this past Thursday against Crystal Beach Academy and tied 1-1! The Falcons will be heading to Brampton next Friday, October 18-20 for their NAPHL Showcase.

Go Falcons!

[FALCONS VARSITY HOCKEY](#)
(CLICK FOR MORE INFO)