



# Victus Vibes

November 8, 2024

## GRADE 9 FOOD & NUTRITION LAB WITH NUTRITIONIST TINA WARD!



Fueling creativity and teamwork in Grade 9 Food & Nutrition by making delicious energy bombs!



## GRADE 12 LEADERSHIP



## SAFETY FIRST: PICK-UP AND DROP-OFF

We want to remind all parents to use extreme caution when driving in the school's parking lot and roundabout during morning drop-off and afternoon pick-up.

These high-traffic times can be hectic, so we ask that you slow down, pay close attention, and be alert for students, parents, and other vehicles.

We ask that you stay to the right side/lane in the roundabout and not to be on any part of the sidewalks. Safety is our top priority, so we appreciate your cooperation in helping to keep our students, families, and staff safe during these busy transitions.

If you have any questions or concerns, please don't hesitate to contact the school office.

## UPCOMING EVENTS

Monday, Nov. 11

Remembrance Day Assembly (1:00 pm)

Thursday, Nov. 14

Mental Performance Coach On-Ice Breakout Session

Friday, Nov. 15

Mental Performance Coach Seminar

Wednesday, Nov. 20

Elementary field trip to the Museum

Friday, Nov. 22

Virtual Day



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