



Victus Vibes

September 22 2023

BINGEMAN'S FIELD TRIP



TERRY FOX SKATE!



UPCOMING DATES

All week:

Student Council Nominations!

Friday September 29th:

Orange Shirt Day

Celebration Assembly

Mental Skills with Jackson Slauenwhite



LADIES SKATE



MENTAL SKILLS - WELCOME JACKSON SLAUENWHITE!

Victus Academy is proud to welcome Jackson Slauenwhite to our Victus Academy team as our new Mental Performance Coach. Jackson Slauenwhite helps elite athletes and teams consistently perform at their best and unlocks their full potential. He works with hockey players in the NHL, AHL, CHL and younger ranks including the Charlottetown Islanders (QMJHL) and Hockey Canada's U18 women's teams. With over 16 years of experience studying and implementing applied sport psychology practices, Jackson finds the most rewarding moments in helping clients turn their dreams into reality and performing better than even they thought possible.

Dr. Ashwin Patel remains with our team as our Mental Skills Consultant. He continues to advise on our programming and can be connected to upon request for student-athletes. Dr. Patel is entering his 8th year working with Victus Academy and is currently a professor in the School of Hospitality, Recreation and Tourism at Humber College in Toronto, Ontario. In addition to those responsibilities his resume includes a mental skills consultant for the OHL's Guelph Storm, the AHL's Utica Comets, Hockey Canada, and the NHL's New Jersey Devils.

Jackson will begin the Mental Performance Training next Friday September 29.

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