



# Victus Vibes

October 06, 2023



## THANKSGIVING FOOD & FUND DRIVE

Student Council is running a food drive called "Shutout the Hunger" to help families in need in the coming months.

Our goal is to raise \$1000 and 200 pounds of non-perishable food. In the 2022-2023 school year, Victus was able to raise \$660 and 292 pounds of food equating to 1,548 meals. Please use the link below or the QR code to donate. Classrooms also received bins if you wish to donate non perishables.

The most requested items are:

- Rice
- Pasta
- Cereal
- Gluten Free Items
- Oats

[Cambridge Food Bank Link](#)



## GRADE 5/6 FUN!



## NOVEMBER TOURNAMENT

Grades 8 to 12 female student athletes, along with Victus West female student athletes, will be participating in their first tournament of the season on November 22 at the Brant Sports Complex in Paris.

Grade 9 to 12 male student athletes will take part in the same tournament on November 15 with the exception of our Jr. players.

More information to follow in the coming weeks.

# Happy Thanksgiving

## UPCOMING DATES

Monday, October 9th

Thanksgiving Holiday - No School!

Thursday, October 12th

NHL Jersey Day



Friday, October 13th

Jackson Slauenwhite Mental Skills Coach - Breakout Sessions

Tuesday, October 17th

Jackson Slauenwhite Mental Skills Coach - On-Ice Sessions

Wednesday, October 18th

Grade 10 Field Trip to Kitchener City Hall

## MENTAL SKILLS WITH JACKSON SLAUENWHITE!



## THANKSGIVING POT LUCK

